

Zendulgence Massage Services

MASSAGES

IN-ROOM

MESSAGE ROOM

Therapeutic | Most Popular

A combination of Swedish massage with slight firm pressure and can include a little bit of deep tissue massage in one given area (usually the upper neck and shoulders or the lower back).

1 Hour **190.**
1.5 Hours **245.**

50 Min. **165.**
80 Min. **220.**

Swedish

The light massage – perfect for the elderly, clients with osteoporosis, or for those who do not want any pressure whatsoever.

1 Hour **190.**
1.5 Hours **245.**

50 Min. **165.**
80 Min. **220.**

Deep Tissue

Perfect for those with chronic aching pains. Massage is performed with elbows, thumbs, forearms, and trigger point work with some myofascial techniques.

1 Hour **210.**
1.5 Hours **265.**

50 Min. **185.**
80 Min. **240.**

Prenatal

For the mom-to-be to ease aches and pains. Features the use of properly positioned pillows with light to firm pressure. Must be in the late second or third trimester or be having monthly prenatal massages. The use of heat and certain aromatherapy is contraindicated.

1 Hour **210.**
1.5 Hours **265.**

50 Min. **185.**
80 Min. **240.**

Warm Basalt Stone Massage | Most Relaxing

Basalt lava stones are heated and can retain their heat for long periods of time. Used in conjunction with massage therapy effleurage – adjusting pressure accordingly.

1 Hour **220.**
1.5 Hours **275.**

50 Min. **195.**
80 Min. **250.**

Reflexology

Relax those tired, aching feet with reflexology trigger point work on the bottom of your feet.

1 Hour **210.**

50 Min. **185.**

Warm Himalayan Sea Salt Massage

A relaxing massage with round warm Himalayan salt stones that enrich your skin with 52 minerals that help inflammation, tension, and stress.

50 Min. **195.**
80 Min. **250.**

Fire & Ice Massage

Perfect for those kinks in the neck, shoulders, and back or Charley horses in the calves. Uses a combination of warm basalt lava stones and ice-cold rollers incorporated with massage therapy techniques. Allows the muscles, tendons, and joints to relax and is great for treating inflammation.

50 Min. **195.**
80 Min. **250.**

Warm Bamboo Massage

Performed with polished warm bamboo sticks as tools to roll and push the musculature fascia.

50 Min. **195.**
80 Min. **250.**

Sticks & Stones

A combination of warm basalt stones and polished warm bamboo sticks incorporating massage therapy techniques.

50 Min. **195.**
80 Min. **250.**

Customized Combination Massage

Combination of: Swedish, Therapeutic, Deep Tissue, Warm Stone, Warm Bamboo, Ice Rolling, Himalayan Salt Stones, and Reflexology.

80 Min. **275.**
110 Min. **335.**

***Add on Aromatherapy to any service for \$10.**

Dial the concierge at 5100 for more information. 48hr modification/cancellation policy.
Cash gratuities are preferred or you may add a 25% gratuity to your hotel bill for our therapist.